

| Product Description   | Price  | QTY                                      | Total |
|---|--|--|-------|
| <b>TRAVEL PACKAGE</b>                                       | <b>EnergyFirst On The Go</b> These packets are great for work or travel with a Blender Bottle  | <b>Free Blender Bottle with purchase</b> |       |
|   | 10 Ultimate Vanilla and 10 Chocolate Decadence travel packs, with a free Blender Bottle for easy mixing. Save 14% with this package and make your EF shakes on the road!   | \$59.00                                  |       |
| <b>EXPRESS KIT</b>  | <b>A BASIC COMBINATION of nutrition products to make the EnergyFirst Shake</b>   | <b>YOU SAVE 5%!</b>                      |       |
|   | 1-2lb. Whey Isolate, 1 OmegaEnergy Mix, 1 Greenergy  | \$83.95                                  |       |
|   | 1-2lb. Whey Isolate, 1 OmegaEnergy Oil, 1 Greenergy  | \$89.95                                  |       |
| <b>1-MONTH PROGRAM PACKAGE</b>                              | <b>1-MONTH'S SUPPLY of EnergyFirst Program Products</b>  | <b>YOU SAVE 15%!</b>                     |       |
|   | 2-2lb. Whey Isolate (any combination of Fudge Chocolate or Ultimate Vanilla), 1 Greenergy, 1 Omega Mix, 1 VitaEnergy Multi + ACE, 1 OmegaEnergy Fish Oil caps  | \$155.95                                 |       |
| <b>3-MONTH PROGRAM PACKAGE</b>                              | <b>3 MONTH'S SUPPLY of EnergyFirst Program Product</b>   | <b>YOU SAVE 20%!</b>                     |       |
|   | 6-2lb Whey Isolate (any combination of Fudge Chocolate or Ultimate Vanilla), 3 Greenergy, 3 Omega Mix, 3 VitaEnergy Mega + ACE, 3 OmegaEnergy Fish Oil caps  | \$439.95                                 |       |
| <b>ESSENTIALS STARTER KIT</b>                               | <b>A BASIC COMBINATION of the EnergyFirst Essentials: Education, nutrition, exercise, snacks, measurement, and supplementation</b>   | <b>YOU SAVE 16%!</b>                     |       |
|   | 1-2lb. Ultimate Vanilla ProEnergy, 1 2-lb. Fudge Chocolate ProEnergy, 1 Omega Mix, 1 Greenergy, 1 VitaEnergy Mega Multi + ACE, 1 OmegaEnergy Fish Oil caps, 1 EnergyFirst Practical Guidebook  | \$189.95                                 |       |
| <b>SUPER STARTER KIT</b>                                    | <b>The ULTIMATE COMBINATION of the EnergyFirst Essentials: Education, nutrition, exercise, snacks, measurement, and supplementation</b>  | <b>YOU SAVE 21%!</b>                     |       |
|   | 2-2LB Ultimate Vanilla ProEnergy, 2-2lb. Fudge Chocolate ProEnergy, 1 Omega Mix, 1 OmegaEnergy Oil, 1 Greenergy, 1 VitaEnergy Multi + ACE, 1 OmegaEnergy Fish Oil, 1 Almonds, 1 box of 10 Think Thin Low Carb Bars (Chocolate Brownie Crunch), 1 Heavy Hands Handles, 1 Accu-Measure Body Fat tester, 1 EnergyFirst Practical Guidebook. | \$349.95                                 |       |
| <b>EDUCATION</b>  | EnergyFirst Practical Guidebook (235 pages)  | \$24.95                                  |       |
| <b>WHEY PROTEIN CASES (4-2lb. containers) 18% Discount!</b> | EnergyFirst ProEnergy Ultimate Vanilla Whey Protein Isolate 8 lbs.   | \$131.80                                 |       |
|   | EnergyFirst ProEnergy Fudge Chocolate Whey Protein Isolate 8lbs  | \$131.80                                 |       |
|   | EnergyFirst ProEnergy Veree Vanilla Whey Protein Concentrate 8 lbs.  | \$103.95                                 |       |
| <b>WHEY PROTEIN CONTAINERS</b>                              | EnergyFirst ProEnergy Ultimate Vanilla Whey Protein Isolate 2 lb.  | \$39.95                                  |       |
|   | EnergyFirst ProEnergy Fudge Chocolate Whey Protein Isolate 2 lb  | \$39.95                                  |       |
|   | EnergyFirst ProEnergy Veree Vanilla Whey Protein Concentrate 2 lb.   | \$29.95                                  |       |
| <b>GOOD FATS</b>  | EnergyFirst OmegaEnergy Oil Blend 17 oz. (Refrigerate)   | \$19.95                                  |       |
|   | EnergyFirst OmegaEnergy Mix 16 oz. (1 lb.) (Refrigerate)   | \$12.95                                  |       |
|   | EnergyFirst 3/6 Whole Seed Blend 16 oz. (1 lb.) (Refrigerate)  | \$7.75                                   |       |
| <b>GREENS</b>   | EnergyFirst Greenergy  | \$34.95                                  |       |
| <b>ENERGY BARS</b>  | Think Thin Low Carb Diet Bar (Brownie Crunch) - Box of 10  | \$19.95                                  |       |
|   | Think Thin Low Carb Diet Bar (Chunky Peanut Butter) - Box of 10  | \$19.95                                  |       |
|   | Think Thin Low Carb Diet Bar (White Chocolate Chip) - Box of 10  | \$19.95                                  |       |
| <b>TRAVEL PACKETS</b>                                       | Chocolate Decadence – Each packet contains 50g of protein, equivalent to 2 scoops  | \$2.95                                   |       |
|   | Ultimate Vanilla – Each packet contains 50g of protein, equivalent to 2 scoops   | \$2.95                                   |       |
|   | Greenergy – Each packet is equivalent to 1 scoop   | \$1.59                                   |       |
| <b>HEALTHY SNACKS</b>                                       | Almonds, Raw - 16 oz.  | \$8.99                                   |       |
| <b>EXERCISE TOOLS</b>                                       | Heavy Hands 1 lb. Handle Set   | \$14.95                                  |       |
|   | Heavy Hands 3 lb. (4 1-lb. weights only)   | \$11.95                                  |       |
|   | Heavy Hands 9 lb. (4 4-lb. weights only) (shipped FEDEX GROUND)  | \$19.95                                  |       |
| <b>MEASUREMENT TOOL</b>                                     | Accu-Measure Fitness 3000 Personal Body Fat Tester   | \$19.99                                  |       |
| <b>LITMUS PAPER</b>   | Litmus Paper by Hydrion 5.5-8.0  | \$9.95                                   |       |

## Supplements

| Product Description  |   |                       |                       | Price   | QTY        | Total     |
|--|---|-----------------------|-----------------------|---|------------|-----------|
| <b>Multi + ACE</b>   | EnergyFirst <i>VitaEnergy</i> Mult+ACE          | 1 per day             | 60 tablets            | \$19.95   |            |           |
| <b>Fish Oil</b>  | EnergyFirst <i>OmegaEnergy</i> Fish Oil EPA/DHA | 3 per day             | 90 tablets            | \$19.95   |            |           |
| <b>A</b>   | Beta-Carotene                                   | 25,000 IU             | 50 caps               | \$14.95   |            |           |
| <b>B</b>   | Ultimate B-Complex                              |                       | 90 tabs               | \$10.95   |            |           |
| <b>C</b>   | Ester C w/Bioflavonoids                         | 500 mg                | 120 caps              | \$22.95   |            |           |
| <b>E</b>   | Vitamin E                                       | 400 IU                | 60 softgels           | \$12.95   |            |           |
| <b>Multi Vitamin</b>   | Kid's Chewable Multi Vitamin                    |                       | 90 tabs               | \$14.95   |            |           |
|  | Prenatal Complete Multi Vitamin                 |                       | 90 tabs               | \$19.95   |            |           |
| <b>Bone Health</b>   | Coral Calcium Supreme                           | 1000 mg               | 120 caps              | \$19.95   |            |           |
| <b>Anti-Oxidants</b>   | Antioxidant Complex                             |                       | 120 tabs              | \$19.95   |            |           |
|  | Selenium  | 100 mcg               | 120 caps              | \$12.95   |            |           |
|  | Super Alpha Lipoic Acid                         | 300 mg                | 60 caps               | \$19.95   |            |           |
|  | CoQ10   | 60 mg                 | 60 caps               | \$44.95   |            |           |
| <b>Fat Burners</b>   | Complete Metabolic Enhancer                     |                       | 60 tabs               | \$15.95   |            |           |
|  | Conjugated Linoleic Acid (CLA)                  |                       | 60 softgels           | \$24.95   |            |           |
|  | Chromium Picolinate                             | 200 mcg               | 100 caps              | \$10.95   |            |           |
|  | Fat Trapper                                     |                       | 120 caps              | \$12.95   |            |           |
|  | L-Carnitine                                     | 250 mg                | 120 caps              | \$19.95   |            |           |
| <b>Brain Function</b>  | Ginkgo Biloba                                   | 60 mg                 | 60 caps               | \$9.95  |            |           |
| <b>Hair, Skin, and Nails</b>   | Hair, Skin, and Nails                           |                       | 60 tabs               | \$14.95   |            |           |
| <b>Prostate Health</b>   | Saw Palmetto                                    | 160 mg                | 240 softgels          | \$26.95   |            |           |
| <b>Bones, joints, and anti-inflammatory</b>  | Glucosamine, Chondroitin, & MSM Complex         |                       | 120 caps              | \$21.95   |            |           |
|  | Pain and Inflammation Enzyme Blend              |                       | 250 tabs              | \$29.95   |            |           |
| <b>Sleep Aid</b>   | Sleep Aid                                       | 600 mcg               | 30 caps               | \$24.95   |            |           |
| <b>Digestive</b>   | Digestive Enzyme Complex                        |                       | 90 caps               | \$10.95   |            |           |
| <b>Shipping and Handling - US (free shipping over \$200)</b>   |   |                       |                       | <b>SUBTOTAL</b>   |            |           |
|  | <b>% of Order Total Before Tax</b>              | <b>Minimum Charge</b> | <b>Maximum Charge</b> | <b>SALES TAX (CA ONLY)</b>  |            |           |
| <b>FedEx Ground (5-7 business days)</b>  | 9%  | \$4.95                | \$49.95               | <b>SHIPPING AND HANDLING</b>  |            |           |
| <b>FedEx 2 Day</b>   | 15%   | \$9.95                | \$99.95               | <b>ORDER TOTAL</b>  |            |           |
| <b>Shipping Information</b>  |   |                       |                       | <b>Billing Information (if different from shipping information)</b> |            |           |
| <b>Name</b>  |   |                       |                       | <b>Name</b>   |            |           |
| <b>Address</b>   |   |                       |                       | <b>Address</b>  |            |           |
| <b>City</b>  | <b>State</b>                                    | <b>Zip</b>            | <b>City</b>           | <b>State</b>  | <b>Zip</b> |           |
| <b>Phone</b>   |   |                       |                       | <b>Phone</b>  |            |           |
| <b>E-mail (required for order confirmation and emailing of tracking number):</b>   |   |                       |                       |   |            |           |
| Please choose: <input type="checkbox"/> Cash <input type="checkbox"/> Check (Check # _____ ) <input type="checkbox"/> American Express <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover |   |                       |                       |   |            |           |
| Credit Card Number   |   |                       |                       |   |            |           |
| Expiration Date  |   |                       |                       |   |            |           |
|  |   |                       |                       | Name on Card (PRINT)  |            | Signature |