

Prenatal Complete Multi-Vitamin

• premium multivitamin formula •

Overview

Our Prenatal Complete Multi-Vitamin is a comprehensive, high potency formula that provides essential vitamins and minerals needed for pregnant women. Pregnant women have special nutritional needs; it is of the utmost importance for expectant mothers to get the vitamins and minerals that are vital to the health of both the mother herself and the unborn child. The developing baby gets all of his/her nutrition through the mother, therefore, care must be exercised for what she eats and drinks, even what vitamins she takes. Our Prenatal Complete is specifically formulated to give expectant mothers the daily nutrition they need, in dosage levels that are safe for mother and child. In addition, certain problems can be linked to improper nutrition during pregnancy; Prenatal Complete has increased amounts of nutrients like folic acid, to help protect baby and mom from such problems. Our Prenatal Complete has been formulated with other carefully selected nutrients to maximize good health. This powerful blend of vitamins, minerals, bioflavonoids, herbs and enzymes provides comprehensive nutritional support for this important time in a woman's life.

✧ If you are pregnant or lactating consult a health care practitioner prior to using Prenatal Complete.

*These statements have not been evaluated by the Food and Drug Administration

This information is not intended to diagnose, treat, imply cure or prevention of any disease

Free of wheat, gluten, yeast, fish, egg, dairy and lactose. Contains no artificial colors, flavors or preservatives.

Supplement Facts

Serving Size 3 tablets

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as 80% beta-carotene, 20% palmitate)	5000 IU 63%	Molybdenum (as molybdenum amino Chelate)	10 mcg *
Vitamin C (as calcium ascorbate)	60 mg 100%	Potassium (as potassium chloride)	50 mg *
Vitamin D (as cholecalciferol)	100 IU 25%	L-Taurine	50 mg *
Vitamin E (as d-alpha tocopherol)	30 IU 100%	Bioflavonoids (as citrus bioflavonoids)	50mg *
Thiamin (as thiamin mononitrate)	10 mg 588%	Choline (as choline bitartrate)	20 mg *
Riboflavin	10 mg 500%	Inositol	20 mg *
Niacin (as niacinimide)	20 mg 100%	Para-aminobenzoic acid (PABA)	10 mg *
Vitamin B6 (as pyridoxine HCL)	10 mg 400%	Rutin	15 mg *
Folic Acid	800 mcg 100%	Octacosanol	100 mcg *
Vitamin B12 (as cyanocobalamin)	50 mcg 625%	DHA	25 mg *
Biotin	300 mcg 100%	Protease (10,000 HUT/gm)	3000 hut *
Panthenic Acid (as D-calcium Panthothenate)	30 mg 300%	Amylase (5,000 DU/gm)	200du *
Calcium (as 83% calcium citrate, 16 Amino acid chelate, 1% ascorbate)	600 mg 60%	Lipase (5,000 LU/gm)	5 lu *
Iron (as ferrous fumarate)	18 mg 100%	Cellulase (1,000 CU/gm)	4 cu *
Iodine (from kelp)	150 mcg 100%	Spirulina	500 mg *
Magnesium (as magnesium citrate)	300 mg 75%	Barley Grass	300 mg *
Zinc (as zinc oxide)	15 mg 100%	Alfalfa (leaf)	300 mg *
Vitamin K (as phytonadione)	30 mcg *	Spinach Powder	50 mg *
Selenium (as selenomethionine)	50 mcg *	Apple Pectin	10 mg *
Copper (as copper oxide)	100 mcg *	Chamomile (german flower)	60 mg *
Manganese (as manganese sulfate)	10 mg *	Red Raspberry (leaf)	100 mg *
Chromium (as chromium picolinate)	50 mcg *	Horsetail (herb)	25 mg *
* Daily Value not established			

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, silicon dioxide, croscarmellose Sodium, calcium stearate, ethylcellulose.

Directions: Take 3 tablets daily with meals.

Note: If you are pregnant or lactating, consult your health care practitioner before using this product. **Keep out of reach of children.** Store in a cool, dry place.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep out of reach children.** In case of accidental overdose, call a doctor or poison control center immediately