

Pain and Inflammation Blend

• free of most common allergens •

Overview

Pain and Inflammation Blend is a comprehensive formula consisting of enzymes, herbs and bioflavonoids designed to naturally support your body's inflammatory response. Whether you suffer from chronic pain or just overworked it on the weekend, Pain and Inflammation Blend will help your body respond to pain and swelling safely and effectively.

Below is the list of ingredients in Pain and Inflammation Blend. The information listed here is abbreviated. *For more detailed information, please refer to the individual sheets where applicable.*

Proprietary Enzyme Blend

Our proprietary enzyme blend contains pancreatin, papain, bromelain, trypsin and chymotrypsin and is designed to support your body's natural response to inflammation. When taken on an empty stomach it is believed that enzymes will help manage inflammation by supporting healthy blood flow to the irritated area.

Rutin

Rutin is a potent bioflavonoid that is derived from the fava tree. Bioflavonoids are water-soluble plant pigments. They are naturally occurring chemical compounds that are important to maintaining optimal health. A scientist named Albert Szent-Gyorgi who called them "vitamin P" discovered them in 1936. Since then, over 4000 bioflavonoids have been identified and scientists believe that many more will be discovered in the future. The term bioflavonoid refers to many different ingredients and includes hesperidin, citrus bioflavonoids, rutin, quercetin, to mention a few. They perform a wide range of functions, for example: they protect capillaries, prevent bruising, and provide support for a number of other biological functions.

White Willow Bark

White Willow (*Salix alba*) is a tall tree that thrives in damp areas and is native to Europe. It is most famous as the 'original source of salicylic acid' which is the precursor to aspirin. White Willow has been used since ancient times for its pain relieving and fever reducing properties, and has regained prominence in modern times as an alternative to synthetic forms of aspirin. White willow is also thought to help support a healthy inflammatory response.

Turmeric

Turmeric (*Curcuma longa*) is an herb that has been used in Ayurvedic Medicine for many years. It is a member of the ginger family. Turmeric possesses antioxidant compounds known as curcuminoids, of which curcumin has been found to be most potent. These compounds help prevent the buildup of excess free radicals. They also neutralize existing free radicals by scavenging them. It also has been shown to support healthy liver function, digestion and inflammatory response.

✧ If you are pregnant or lactating consult your health care practitioner prior to taking Pain and Inflammation Blend.

*These statements have not been evaluated by the Food and Drug Administration

This information is not intended to diagnose, treat, imply cure or prevention of any disease

Supplemental Facts		
Serving Size: 4 Tablets		
Amount Per Serving		% Daily Value
Proprietary enzyme blend:	1485 mg	**
(Contains: Pancreatin 4x USP, papain, bromelain, trypsin, chymotrypsin)		
Rutin	400 mg	**
White Willow Bark (15% salicin)	100 mg	**
Turmeric	100 mg	**
** Daily Value not established		

Other ingredients: magnesium stearate, dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate.