

Enerzyme

• free of all common allergens • vegetarian • digestive enzyme complex •

Overview

Enerzyme is a vegetarian sourced digestive enzyme blend. Products classified as digestive enzymes help facilitate digestion, the absorption of nutrients, help maintain the proper pH in the gastrointestinal tract, and act as a barrier against invasion of viruses and bacteria. There are seven basic types of digestive enzymes each with various sub-classifications and differing functions. The basic enzymes and their specific functions are as follows: **amylase** digests starches, **cellulase** digests fibers, **lactase** digests dairy products, **lipases** digest fats, oils and triglycerides, **maltase** digests starch and grains, **proteases** digest proteins and **sucrase** digests sugars. Although Enerzyme features vegetarian sourced enzymes, it is important to note that some other enzymes are extracted from animal sources such as the pancreas, liver and stomach of cows or pigs. Examples of animal enzymes include oxbile, trypsin, chymotrypsin, rennin, pepsin, and pancreatin. Enerzyme does include other plant-based enzymes such as bromelain from pineapple and papain from papaya. Poor digestive function has been linked to many symptoms and a wide variety of clinical digestive conditions. It is also important to note that there have been few clinical studies regarding the use of digestive enzyme products in the treatment of specific digestive conditions. The use of digestive enzymes to treat symptoms and health conditions associated with digestive problems comes mostly from health care practitioner observations, anecdotal reports and manufacturer's product claims. Even though there is a lack of scientific research to verify the effectiveness of digestive enzymes, these products have become widely accepted and used worldwide for assisting healthy digestion.

*Research Indicates

- May support healthy digestion
- May help reduce symptoms associated with Lactose intolerance
- Studies have indicated a significant reduction of gas and bloating associated with the ingestion of high calorie, high fat meals when taking certain enzymes

Dosage

Typically, 2 capsules with each meal to support healthy digestion. **Note:** *Everyone responds differently to digestive enzyme products, 2 capsules with each meal is a general guideline, consult your health care practitioner or nutritional consultant to determine the appropriate dosage for you.*

Cautions

✧ If you are pregnant or lactating consult a health care practitioner prior to using Enerzyme.

*These statements have not been evaluated by the Food and Drug Administration

This information is not intended to diagnose, treat, imply cure or prevention of any disease

Free of wheat, gluten, soy, corn, yeast, fish, egg, dairy and lactose.
Contains no artificial colors, flavors or preservatives.

Supplement Facts	
Serving Size 2 capsules	
Amount Per Serving	% Daily Value
Digestive Enzyme Blend	104 mg *
Bromelain (from pineapple) 120 GDU	
Papain (from papaya fruit) 600,000 FCCPU	
Protease 4.5 (from Asperilla oryzae) 10 SAPU	
Amylase (from Asperilla oryzae) 400DU	
Lipase (from Asperilla niger) 60 FCCLU	
Protease 4.5 (from Asperilla oryzae) 400 HUT	
Lactase (from Asperilla oryzae) 20 ALU	
Cellulase (from Trichoderma longbrachiatum) 10 CU	
Hemicellulase (from Asperilla niger) 10 HCU	
*Daily Value not established	

Other ingredients: Rice powder, cellulose, rice bran.

Directions: Take 1 capsule, one to two times daily.

Note: If you are pregnant or lactating, consult your health care practitioner before using this product. **Keep out of reach of children.** Store in a cool, dry place.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**